



# ChestCon2024

Serena Hotel, Islamabad

**Scientific Program**

**19 April 2024**

**Friday**

## INAUGURAL SESSION

19 April 2024 (1445-1615)

Dr. Martin Van Den Boom, Regional Advisor , Stop TB WHO EMR , Cairo (Chief Guest)  
Prof. Jawad K Ansari (President PCS), Prof Shereen Khan (President Elect)  
Prof M Babar Cheema (Chairman Scientific Committee) Dr. Naghman Bashir (GS PCS)

1445-1450	Welcome address by President PCS	Prof. Jawad K Ansari
1450-1500	Biennial report by General Secretary PCS	Dr. Naghman Bashir
1500-1520	Keynote Lecture: Medical Professionalism in 21st century	Prof. M Babar Cheema
1520-1540	Keynote Lecture: Challenges in postgraduate medical education	Prof. Arshad Javaid
1540-1550	Public expectations from the medical community	Mr. Zulfiqar Ahmed Cheema
1550-1600	Address by the Chief Guest	Dr Martin Van Den Boom

**Tea Break**

# SCIENTIFIC SESSION-1A INFECTIONS-I (TUBERCULOSIS)

19 April 2024, Friday

Hall-A (1630- 1800)

Panelists

Prof. Arshad Javaid

Dr Razia Fatima

Dr. Karam Shah

Dr Muhammad Amir

Dr. Muhamamd Waseem : Moderator

1630-1645	Advancing End TB Agenda: Strategic advocacy for top-tier agenda placement : Retrospective and future roadmap	Dr. Karam Shah
1645-1700	Introduction of short novel regimens for DRTB care in Pakistan	Dr. Abdul Ghafoor
1700-1715	Beyond Latent & Active TB: a novel classification to guide research towards improved care and prevention of tuberculosis	Dr. Syed M Asad Zaidi
1715-1730	Evolution of diagnostic tools in TB	Dr. Sabira Tehseen
1730-1745	Closing the gaps in achieving the END TB TARGET of WHO- Program effectiveness of National TB control, The Achievements and Challenges.	Dr. Shumaila Javaid
1745-1800	Question & Answers	

# SCIENTIFIC SESSION-1B PULMONARY VASCULAR DISEASES

19 April 2024, Friday

Hall-B (1630- 1800)

## Panelists

Prof. Ali Bin Sarwar Zubairi

Prof. Zill-e- Humayun Mirza

Prof. Muhammad Irfan Malik

Dr. Shumaila Ambreen: Moderator

1630-1700	Pulmonary Hypertension: Diagnosis and Management	Prof. Robin Condliffe (UK)
1700-1715	Pre-emption and management of Pulmonary Embolism	Prof. Zill e Humayun
1715-1725	Sildenafil vs Sildenafil plus beraprost in the treatment of pulmonary hypertension: A Randomized control trial	Dr. Israr Ahmed
1725-1735	Outcomes of patients with elevated pulmonary artery systolic pressure on echocardiography due to chronic lung disease	Dr. Ali Usman Arif
1735-1745	Frequency of Pulmonary Hypertension in patients with Interstitial Lung diseases	Dr. Shahid Zia
1745-1800	Question & Answers	

# SCIENTIFIC SESSION-1C FREE PAPERS

19 April 2024, Friday

Hall-C (1630- 1800)

Panelists

Prof Nisar Khan

Prof Muhammad Yousaf

Dr Kaleem Ullah Toori

Dr Rizwan Ather: Moderator

1630-1640	The microbiology of post-obstructive pneumonia in malignant endobronchial lesions at China Medical University hospital, Taiwan: A 10 years retrospective study	Dr. Muhammad Imran
1640-1650	Predictor of mortality in patients with chronic pulmonary aspergillosis: A retrospective analysis from Pakistan	Dr. Nousheen Iqbal
1650-1700	Prevalence and clinical characteristics of Chronic Pulmonary Aspergillosis in Post-Tuberculosis patients- A systematic review	Dr. Taymmia Ejaz
1700-1710	Video assisted thoracoscopic management of primary spontaneous pneumothorax	Dr. Kamran
1710-1720	Yield of Sputum Induction	Dr. Sohail Raja
1720-1730	Patterns of ATT Induced Liver Injury in Patients With Drug Sensitive Thoracic Tuberculosis	Dr. Muskbar
1730-1740	Chronic Pulmonary Aspergillosis as a post-tuberculosis lung disorder sequelae acquiring more attention - A clinical experience from tertiary care hospital	Dr. Laraib Aurangzeb
1740-1750	Civil Society as a catalyst for evidence based innovation in TB control: The Daposi Foundation's pioneering work	Dr. Kinz ul Eman
1750-1800	Question & Answers	

# PULMONARY GRAND ROUND

19 April 2024, Friday

Hall-A (1805-1925)

Convener: Prof Javaid A Khan

Judges

Prof Zubair Shaheen

Prof Nauman Ch (USA)

Dr Jamil Malik (UK)



# ChestCon2024

19 April 2024

Serena Hotel, Islamabad

## CHIESI DINNER SYMPOSIA

Dr Omar Usmani , Prof of Respiratory Medicine (UK)

President ISAM

1930-21000



# ChestCon2024

Serena Hotel, Islamabad

**Scientific Program**  
**20 April 2024**  
**Saturday**



# SCIENTIFIC SESSION-2A INTERVENTIONAL PULMONOLOGY

20 April 2024, Saturday

Hall-A (0900-1100)

Panelists

Prof. Ali Musani (USA)

Maj. Gen. Prof Arshad Naseem

Prof. Talha Mahmud

Dr. Syed Murtaza Hassan Kazmi: Moderator

0900-0920	Optimising lung cancer staging with EBUS	Dr. Murtaza Kazmi
0920-0940	Airway stents and debulking	Dr. Ali Musani MD (USA)
0940-1000	Integral Harmony: Art and Scientific Precision in Pulmonary Nodule Diagnosis ( On Zoom)	Dr. Uzair Ghuri MD USA
1000-1020	Bronchoscopic tumour ablation using APC and cryotherapy: State of the art ( On Zoom)	Dr. Majid Shafiq MD USA
1020-1035	Diagnostic Yield of EBUS guided FNAC of Mediastinal Lymph nodes in Lung malignancy in tertiary care hospital in Pakistan	Col. Muhammad Amir
1035-1050	Rigid Bronchoscopy : Experience at tertiary care Center	Dr. Talha Mahmud
1050-1100	Questions & Answers	
1100-1115	TEA BREAK	

# SCIENTIFIC SESSION-2B CHRONIC LUNG DISEASES

20 April 2024, Saturday

Hall-B (0900-1100)

Panelists

Prof. Nauman Chaudary

Prof Shereen Khan

Prof. Muhammad Irfan

Dr Mehmood Iqbal Malik: Moderator

0900-0920	Advances in Non-CF Bronchiectasis	Dr. Nauman Chaudary (USA)
0920-0950	Imaging in cystic lung disease (On zoom)	Dr. Muhammad Naeem (USA)
0950-1010	Environment and Lung Health	Dr. Javaid A Khan
1010-1025	Characteristics of Chronic Cough in adults in Pakistani population: A cross sectional study	Dr. Kaleem Ullah Toori
1025-1040	Vaccinations in pulmonary diseases	Brig. Shahzeb Satti
1040-1050	Prevalence of treatable traits in chronic airway diseases in Pakistan	Dr. Madiha Siddiqi
1050-1100	Questions & Answers	
1100-1115	<b>TEA BREAK</b>	

# SCIENTIFIC SESSION-2C

## FREE PAPERS

20 April 2024, Saturday

Hall-C (0900-1100)

### Panelists

Brig Muhammad Imran

Dr Sana Ullah Tareen

Dr. Anila Basit

Dr Aziz ul Qadar: Moderator

0900 - 0910	Characteristics of Patients Presenting to a Pulmo-Rheumo Clinic in a Tertiary Care Hospital in Pakistan: A Retrospective Review	Dr. Javeria Akhtar
0910 - 0920	The burden of chronic respiratory disease and attributable risk factors in Pakistan- A systematic analysis of global burden of disease study : 2019	Dr. Taymmia Ejaz
0920 - 0930	Transforming use of AI in to National TB Policy- lead role Dopasi Foundation	Dr. Kinz ul Eman
0930 - 0940	Different phenotypes in patient presenting with Chronic Obstructive Pulmonary Disease	Dr. Saifullah
0940 - 0950	Factors Responsible for Depression in Patients with Chronic Obstructive Pulmonary Disease	Dr. Yasir Ahmed
0950 - 1000	Cognitive Impairment in COPD patients; a cross sectional study	Dr. Tehreem
1000 - 1010	Frequency of Different Interventional Modalities used for Managing Symptomatic Malignant Pleural Effusion	Dr. Saneena Habib
1010 - 1020	Comparing patient comfort during bronchoscopy under conscious sedation vs monitored anaesthesia care: a prospective study	Dr. Mahnoor Abbasi
1020 - 1030	A Tale of Two Tubes- Comparison of pleural fluid culture using blood culture bottle and sterile syringes	Dr. Shumaila Javed
1030 - 1100	Questions & Answers	

1100-1115	<b>TEA BREAK</b>	
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# SCIENTIFIC SESSION-3A ILD

20 April 2024 , Saturday

Hall-A (1115-1300)

Panelists

Maj.Gen. Syed Badshah H Zaidi

Prof. Muhammad Ashraf Jamal

Dr. Mosavir Ansarie

Prof. Faisal Faiyez Zuberi

Dr. Kashif Sardar : Moderator

1115-1130	ILD- Overview & latest updates	Dr. Faisal Faiyaz Zuberi
1130-1145	Clinical review on IPF	Dr. M Irfan Malik
1145-1200	Myositis associated ILD- Case based discussion	Dr. Ali Bin Sarwar Zubairi
1200-1220	A Disease with many faces : Sarcoidosis	Dr. M Ashraf Jamal
1220-1250	Real life cases of ILD in Clinical Practice	Dr. Hamza Jawad Ansari (USA)
1250-1300	Questions & Answers	
1300-1400	<b>PCS FORMAL LUNCH FOR DELEGATES</b>	

# SCIENTIFIC SESSION-3B SLEEP/ VENTILATION

20 April 2024, Saturday

Hall-B (1115-1300)

Panelists

Dr. Aftab Akhtar

Dr. Jamil Malik

Prof Salman Ayyaz

Dr M Aneel Razzaq: Moderator

1115-1130	ICU Pearls: What not to do	Dr. Aftab Akhtar
1130-1145	ECMO Emplacement	Dr. Salman Ayyaz
1145-1200	Unwinding Mechanical Ventilation: Troubleshooting challenges and solutions	Dr. Waqas Aslam
1200-1225	Newer concepts in sleep-related breathing disorders (on zoom)	Dr. Sriram Iyer (UK)
1225-1250	Ventilation in MND/ Domiciliary ventilation (On zoom)	Dr. Naveed Mustfa (UK)
1250-1300	Questions & Answers	
1300-1400	PCS FORMAL LUNCH FOR DELEGATES	

# SCIENTIFIC SESSION-3C ALLERGIES

20 April 2024, Saturday

Hall-C (1115-1300)

## Panelists

Dr. Osman Yousaf

Prof. Muhammad Azam Mushtaq

Dr. Maqbool Ahmed

Dr. Rizwan Azam: Moderator

1115-1145	The current situation of respiratory allergy in Pakistan	Dr. Osman Yusuf
1145-1215	Allergen immunotherapy for the respiratory physician	Prof. Stephen Durham, London UK
1215-1245	Respiratory allergies in childhood	Prof. Jurgen Schwarze, Edinburgh, UK
1245-1300	Questions & Answers	Panelists
1300-1400	<b>PCS FORMAL LUNCH FOR DELEGATES</b>	

# SCIENTIFIC SESSION-4A INFECTIONS-II

20 April 2024, Saturday

Hall-A (1400-1530)

Panelists

Prof. Saulat Ullah Khan

Prof. Shamshad Rasool Awan

Prof. Abdul Rub Khan

Prof Zubair Shaheen

Dr. Asma Ambreen : Moderator

1400-1415	Treatment of Pneumonia in the era of antibiotics resistance	Dr Abdul Rub
1415-1435	NTM : A Pakistani Perspective	Dr. Afia Zafar
1435-1450	HIV and TB co-infection	Dr Javed Iqbal
1450-1510	Updates in ABPA diagnosis	Dr Muhammad Irfan
1510-1520	Clinical characteristics, outcome and factors associated with mortality of Pulmonary Mucormycosis	Dr. Rameesha Ahmed
1520-1530	Questions & Answers	
1530-1540 1540-1600	PCS RESEARCH AWARDS ( HALL-A) FOLLOWED BY TEA	

# SCIENTIFIC SESSION-4B COVID

20 April 2024, Saturday

Hall-B (1400-1530)

## Panelists

Maj. Gen (R) Amir Ikram

Prof. Saqib Saeed

Prof Khalid Waheed

Dr. Maryam Hussain: Moderator

1400-1420	COVID-19: Challenges and Opportunities	Maj. Gen. Amir Ikram
1420-1435	Long COVID Overview : What are we facing?	Dr. Saqib Saeed
1435-1450	Is COVID-19 a story of the past or it can still cause serious disease in high risk people ?	Dr. Yousaf Khan
1450-1500	A Quantitative Study on the Covid 19 Health Care Workers	Dr. Rizwana Malik
1500-1510	The Pandemic aftermath and do the vaccines help? A study on Long-Covid prevalence and predictive factors	Dr. Taymmia Ejaz
1510-1520	Clinical Severity and High-Resolution CT severity score in COVID-19; is there an association?	Dr. Kaleem Ullah Toori
1520-530	Questions & Answers	
1530-1540 1540-1600	PCS RESEARCH AWARDS ( HALL-A) FOLLOWED BY TEA	



# SCIENTIFIC SESSION-4C AIRWAY DISEASE (ASTHMA)

20 April 2024, Saturday

Hall-C (1400-1530)

## Panelists

Prof. Javaid A Khan

Prof Nisar Rao

Prof Mukhtiar Zaman

Dr Ahtesham Iqbal: Moderator

1400-1420	The Jigsaw approach to Asthma diagnosis	Dr Dermot Ryan Aberdeen , UK
1420-1435	New approaches to asthma investigation	Dr. Kanwal Fatima
1435-1450	Role of Biologics in Asthma	Dr. Abdul Quddus
1450-1505	Update in Paediatric Asthma management	Dr. Yasser Masood
1505-1520	Safety of ICS in airway diseases	Brig. Jamal Ahmed
1520-1530	Question/ Answers about session & Concluding remarks	
1530-1540 1540-1600	PCS RESEARCH AWARDS ( HALL-A) FOLLOWED BY TEA	

# PLENARY SESSION KEYNOTE LECTURES

20 April 2024, Saturday

Hall-A (1600-1800)

Panelists

Prof Nadeem Rizvi

Prof Jawad K Ansari

Maj Gen Aslam Khan

Prof M Babar Cheema

1600-1635

**ASTHMA 2024, EVOLUTION TOWARDS PRECISION MEDICINE**  
Prof. Sally E Wenzel MD, University of Pittsburgh, USA

1635-1710

**FROM INFANCY TO ADULTHOOD, A BLACK BOX OF OPPORTUNITIES**  
Prof. Alvar Agusti MD, PhD. University of Barcelona (Spain)

1710-1740

**ROBOTIC BRONCHOSCOPY**  
Prof. Ali Musani MD, University of Colorado (USA)

1740-1810

**CHANGING FACE OF CYSTIC FIBROSIS**  
Prof. Nauman Ch, MD Virginia Commonwealth University, Richmond (USA)



# ChestCon2024

Saturday 20th April 2024

Serena Hotel, Islamabad

**PULMONOLOGY CHAMPIONS LEAGUE** (HALL-B 1815-1915)

Sponsored by Getz Pharma

**CONCLUDING CEREMONY** (HALL-A 1915-1930)

Acknowledgements for sponsors/ Prize Distribution/ Vote of Thanks

**GENERAL BODY MEETING OF PCS** (HALL-A 1930-2030)

Approval of Agenda items/ Oath Taking Ceremony of New Central Cabinet

**PCS DINNER** (2030-2200)

Organizers/Scientific Committee/Outgoing Cabinets/Incoming Cabinets/Foreign Delegates



# ChestCon2024

Serena Hotel, Islamabad

**Scientific Program**

**21 April 2024**

**Sunday**



# CHEST CHALLENGE

21 April 2024, Sunday

Hall-A (0900-1000)

Convener: Prof Ali Bin Sarwar Zuberi

Judges

Prof Arshad Javaid

Prof Ali Musani (USA)

Dr Muhammad Azher (UK)

# SCIENTIFIC SESSION-5A MEDICAL PROFESSION AND ETHICS

21 April 2024, Sunday

Hall-A (1015-1145)

Panelists

Dr. Naghman Bashir

Prof Masood ul Haq

Prof. Sohail Akhtar

Dr.Madiha Bilal Siddiqi: Moderator

1010-1030	Medical Entrepreneurship : A personal journey	Dr Rizwan Uppal
1030-1050	AI in pulmonology	Dr. Aftab Akhtar
1050-1105	Challenges in Medical Publications	Dr. Sadia Ashraf
1105-11120	Ethical Challenges in the modern world	Dr. Naghman Bashir
1120-1145	Interactive session and concluding remarks	Panelists
1145-1200	<b>TEA BREAK</b>	

# SCIENTIFIC SESSION-5B LUNG CANCER

21 April 2024, Sunday

Hall-B (1015-1145)

Panelists

Prof. Kamran Cheema

Dr. Jamil Malik (UK)

Prof Javid Iqbal

Dr Imran Bashir: Moderator

1010-1035	Updates on lung Cancer	Dr. Jamil Malik (UK)
1035-1055	IP role in CA Lung in Pakistan	Dr. Kamran Cheema
1055-1120	Early lung cancer: Critical gaps in diagnosis & management, and importance of screening	Dr. Kamran Rasheed
1120-1135	Carcinoma Lung: where we stand	Dr Farhan Majeed
1135-1145	Q&A / Concluding remarks	
1145-1200	TEA BREAK	

# SCIENTIFIC SESSION-5C RESPIRATORY CARE ESSENTIALS

21 April 2024, Sunday

Hall-C (1015-1145)

Panelists

Prof. Zaheer Akhtar

Dr Zafar Iqbal

Dr Amir Khalil (UK)

Mrs Ayesha Siddiqa: Moderator

1010-1030	Choosing it right: BiPAP/CPAP/HFNO	Dr. Amir Khalil
1030-1045	Tracheostomy Care	Mrs. Ayesha Siddiqa
1045-1100	Pulmonary Rehabilitation in chronic diseases	Dr. Murtaza Kazmi
1100-1110	Heated Tobacco Products- Well Known or Well Understood? A National Cross-Sectional Study on Knowledge, Attitudes and Usage in Pakistan	Dr. Nousheen Iqbal
1110-1125	Choosing Oxygenation devices	Dr. Amir Khalil
1125-1145	Q&A	



# SCIENTIFIC SESSION-6A PLEURAL DISEASES

21 April 2024, Sunday

Hall-A (1200-1345)

Panelists

Prof. Sadia Ashraf

Prof. Farhan Majeed

Dr. Kamran Khan

Dr Kanwal Fatima Khalil

Dr. Muhammad Aneel Razaq: Moderator

1200-1220	Empyema: Challenges and treatment modalities in our part of the world	Dr. Farhan Majeed
1220-1240	Malignant Pleural Disease: Diagnosis & Management	Dr. Talha Mahmud
1240-1300	BTS new guidelines on Management of Pleural effusion 2023. What you need to know.	Dr. Kanwal Fatima Khalil (UK)
1300-1310	Correlation of visual appearance and histopathological diagnosis using flexible thoracoscopy in undiagnosed exudative pleural effusions	Dr.. Najmush Shakireen
1310-1320	Prognosticating Malignant Pleural Effusions Based on LENT Score	Dr. Asim Shafeeq
1320-1330	Real-world Effectiveness and Safety of Handheld Ultrasound in Pleural procedures	Dr. Musaib Alavi
1330-1345	Q&A / Concluding remarks	

# SCIENTIFIC SESSION-6B

## E- POSTERS

21 April 2024, Sunday

Hall-B (1200-1330)

Panelists

Brig Prof Jamal Ahmed

Dr. Hafeez ur Rehman (Jehlum)

Dr. Mehmood Shahwani

Dr Muhammad Israr: Moderator

Incidence of malignancy on VATS pleural biopsy in patients with exudative pleural effusion -

Prof . Farhan Majeed

Comparative impact of various nail colours on oxygen saturation levels by pulse oximetry -

Lt Col Mehmood Iqbal

Assessing Oncological Outcomes: Segmentectomy vs. Lobectomy for Clinical Stage I Non-Small Cell Lung Cancer Tumors Up to Two Centimeters in Diameter: Systematic Review and Meta-Analysis

Dr. Taymmia Ejaz

T-Cell lymphoblastic lymphoma presenting with pleural effusion - A case report on diagnostic utility of Medical Thoracoscopy

Dr. Shumaila Javaid

Awakening approach towards sleep disorders - Dreaming big enough?

Dr. Shumaila Javaid

Factors affecting Asthma control in pregnant women with asthma :

Dr. Kaleem Ullah Toori

Prevalence of postoperative pulmonary complications in recipients of liver transplant with abnormal preoperative spirometry.

Ms Alishba Zainab

Understanding and addressing ventilator associated pneumonia in intensive care units: A comprehensive study on frequency, outcomes and risk factors of VAP in tertiary care hospital in Pakistan.

Ms Afifa Fateen

**LUNCH BY HILTON PHARMA**